

# SEPTEMBER

Child's Name: \_\_\_\_\_

Grade: \_\_\_\_\_

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY


## FRIDAY

2. 

3. Beef Tacos with white rice, cheese, tomato, lettuce, beans & sour cream   
 Milk  Choco Milk  Juice  
 ONLY SALAD  Alternative #

4. Chicken Tenders with mashed potato & veggie medley   
 Milk  Choco Milk  Juice  
 ONLY SALAD  Alternative #

5. Pulled Pork with arroz congris & plantain   
 Milk  Choco Milk  Juice  
 ONLY SALAD  Alternative #

6.   
 Cheese Pizza  
 Pepperoni Pizza 

9. Baked Ziti with garlic toast & fruit   
 Milk  Choco Milk  Juice  
 ONLY SALAD  Alternative #

10. Chicken Fajita with congris & maduro   
 Milk  Choco Milk  Juice  
 ONLY SALAD  Alternative #

11. Cheeseburger with tomato, lettuce & fries   
 Milk  Choco Milk  Juice  
 ONLY SALAD  Alternative #

12. Meat with white rice & potato   
 Milk  Choco Milk  Juice  
 ONLY SALAD  Alternative #

13.   
 Cheese Pizza  
 Pepperoni Pizza

16. Spaghetti with Bolognese sauce, dinner roll & mixed veggies   
 Milk  Choco Milk  Juice  
 ONLY SALAD  Alternative #

17. Beef Tacos with white rice, cheese, tomato, lettuce, beans & sour cream   
 Milk  Choco Milk  Juice  
 ONLY SALAD  Alternative #

18. Chicken Tropichop with yellow rice, black beans & tomato   
 Milk  Choco Milk  Juice  
 ONLY SALAD  Alternative #

19. Chicken Fricassee with potatoes, white rice & plantain   
 Milk  Choco Milk  Juice  
 ONLY SALAD  Alternative #


20.   
 Cheese Pizza  
 Pepperoni Pizza

23. Fettuccini Alfredo with chicken & bread   
 Milk  Choco Milk  Juice  
 ONLY SALAD  Alternative #

24. Chicken Quesadilla with nachos, sour cream, & corn   
 Milk  Choco Milk  Juice  
 ONLY SALAD  Alternative #

25. Chicken Tenders with mashed potato & veggie medley   
 Milk  Choco Milk  Juice  
 ONLY SALAD  Alternative #

26. Pulled Pork with arroz congris & plantain   
 Milk  Choco Milk  Juice  
 ONLY SALAD  Alternative #

27. **TEACHER**   
 planning day

30. Baked Ziti with garlic toast & fruit   
 Milk  Choco Milk  Juice  
 ONLY SALAD  Alternative #

Every meal includes salad, choice of drink, and dessert!

**ONLY SALAD: \$2.00**

- (1) Chicken Patty
- (2) Ham & Cheese Sandwich
- (3) Grilled Cheese

Philippians 4:13  
 "I can do everything through Christ who strengthens me."

**PREPAID: \$6.95**  
**DAY OF: \$8.95**